



Sixth Annual National Suicide Prevention Day Conference

Back to School: Building Youths' Resiliency

***Presented by the New Jersey Association of Mental Health
and Addiction Agencies, Inc. and Attitudes In Reverse®
and Co-Sponsored by Carrier Clinic***

- 8:30 a.m. to 9:00 a.m. Registration, Refreshments and Exhibitors
- 9:00 a.m. to 9:10 a.m. Welcome – Debra L. Wentz, Ph.D., President and Chief Executive Officer, New Jersey Association of Mental Health and Addiction Agencies, Inc. (NJAMHAA), and Don Parker, LCSW, President and CEO, Carrier Clinic
- 9:10 a.m. to 9:30 a.m. Opening Remarks – Christine Norbut Beyer, Acting Commissioner, New Jersey Department of Children and Families
 - 9:30 a.m. to 10:15 a.m. Keynote Presentation: *Safety Planning Intervention to Reduce Risk of Suicide* –Barbara Stanley, PhD, Director, Suicide Prevention Training, Implementation and Evaluation Program, Center for Practice Innovations, New York State Psychiatric Institute; Professor of Medical Psychology, Department of Psychiatry, Columbia University
- 10:15 a.m. to 10:30 a.m. Break and Exhibitors
- 10:30 a.m. to 11:00 a.m. *Safe Talk: Changing the Language of Suicide to Eliminate Stigma* - Tricia Baker, YMHFA, CPDT-KA, and Kurtis Baker, YMHFA, CFP®, Co-Founders, Attitudes In Reverse®
- 11:00 a.m. to 11:45 a.m. Presentation: *Bullying, its Impact on Mental Health and Strategies to Address and Prevent It* –Sarabjit Singh, MD, Medical Director, Saint Clare's Hospital; and Warren Ververs, MSW, LCSW, C-ASWCM, Manager, Outpatient Behavioral Health Services, Saint Clare's Behavioral Health
- 11:45 a.m. to 12:25 p.m. *Panel Discussion on Impact of Social Media and Related Strategies and Resources* – Tara Chalakani, LPC, NCC, ACS, RN, Vice President, Mental Health Services for Youth and Families, Preferred Behavioral Health Group; Ankur Desai, MD, Medical Director, PerformCare; Jessica Haurin, LAC, Clinician, Robins' Nest, Inc.; and Jennifer Kugler LPC, ACS, Program Director, Robins' Nest, Inc.
- 12:25 p.m. to 12:30 p.m. Closing Remarks – Shauna Moses, Vice President, Public Affairs and Member Services, NJAMHAA, and Member of AIR's Board of Trustees