New Jersey Association of Mental Health and Addiction Agencies, Inc.

2017 Annual Conference

COLLABORATION and INNOVATION: A Formula for Success

March 29-30, 2017
Renissance Woodbridge Hotel
Iselin, NJ

Presented By:

Registration Details
The New Jersey Association of Mental Health and Addiction Agencies, Inc. (NJAMHAA) is a statewide trade association representing hospital-based and freestanding organizations that provide a broad range of treatment and support services to children and adults with mental health, behavioral, emotional and substance use disorders, developmental disabilities and co-occurring disorders.

NJAMHAA developed a dynamic and comprehensive program especially tailored to meet the needs of all within the mental health, substance use and developmental disabilities communities, such as:

- CEOs
- Peers and peer advocates
- Mental health counselors
- Drug/alcohol counselors
- Fiscal staff
- Health educators
- Management
- Mental health technicians
- Nurses
- Policymakers
- Psychiatrists
- Psychologists
- Social workers
- Supervisors
- Developmental disability specialists

### Registration Fees:

<table>
<thead>
<tr>
<th>Dates</th>
<th>Member</th>
<th>Non-Member</th>
<th>Student</th>
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Register today at [www.njamhaa.org/events](http://www.njamhaa.org/events)

Is your organization a NJAMHAA Member?
Visit njamhaa.org to view our NJAMHAA Member Directory to see if your organization is a NJAMHAA member. All employees of NJAMHAA member organizations receive the member rate to NJAMHAA events.
NJAMHAA offers recommendations for conference workshop tracks: General Clinical/Adult Mental Health; Substance Use Disorders and Treatment; Children and Youth; and Organizational. You may register for any combination of sessions; however, we organized the workshops into tracks to assist you with the registration process.

### Workshop Tracks

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<th>Day 1</th>
<th>General Clinical/Adult Mental Health</th>
<th>Substance Use Disorders and Treatment</th>
<th>Children and Youth</th>
<th>Organizational</th>
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<td><strong>Workshop 1A:</strong> Disordered Gambling within the Forensic Population: Cultural Consideration, Mental Health Concerns and Relational Recovery</td>
<td><strong>Workshop 1B:</strong> Spirituality and Recovery for Clients with Co-Occurring Disorders</td>
<td><strong>Workshop 1C:</strong> Bridging the Science-Practice Gap – An Example of Successful Implementation and Sustainability of EBPs in a Community Outpatient Clinic</td>
<td><strong>Workshop 1D:</strong> Managing Differences and Difficult Populations in Clinical Supervision</td>
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<td>Day 2</td>
<td><strong>Workshop 2A:</strong> A Paradigm Shift: Infusing Intersectionality with Intercultural Awareness and Positive Psychology Practice</td>
<td><strong>Workshop 2B:</strong> Children’s Behavioral Health Homes: Challenges, Successes and Potential</td>
<td><strong>Workshop 2C:</strong> Connecting Outcomes Measurement to Value-Based Payment”</td>
<td><strong>Workshop 2D:</strong> Common Medicaid Billing Pitfalls</td>
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<td><strong>Workshop 2E:</strong> Appropriate Use of Psychotropic Medications: Understanding the Issues and Making Informed Decisions</td>
<td><strong>Workshop 2F:</strong> Through a Trauma Informed Lens: Rethinking Addiction Treatment</td>
<td><strong>Workshop 2G:</strong> Foster Healing: Trauma Treatment for Families and Staff in Child Welfare</td>
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### Continuing Education Credits

For information about continuing education credits for social workers, please contact CEU_Admin@njamhaa.org.
**Wednesday, March 29**

Open Registration, Continental Breakfast and Vendor Browsing  
8:15 a.m. – 10:45 a.m.

NJAMHAA Annual Membership Meeting  
*For NJAMHAA Members Only*  
9:30 a.m. – 10:15 a.m.

Welcome and Introductions  
10:45 a.m. – 11:00 a.m.

**Keynote Presentation**  
11:00 a.m. – 12:00 p.m.  
*Working with a New Administration*  
Ron Manderscheid, PhD  
Executive Director, NACBHDD – The National Association of County Behavioral Health and Developmental Disability Directors  
NARMH – The National Association for Rural Mental Health

Lunch  
12:00 p.m. – 1:00 p.m.

**Afternoon Plenary Session**  
1:00 p.m. – 2:15 p.m.  
*Five Pillars - The Pathway to Improving the Delivery of Mental Health Services in Education: An Interview with Amy Kennedy*  
Amy L. Kennedy, MS  
Education Director, The Kennedy Forum  
Lilo Stainton, BS  
Reporter, NJ Spotlight

Break & Vendor Browsing  
2:15 p.m. – 2:45 p.m.

Workshops 1A – 1D  
2:45 p.m. – 4:00 p.m.

Courage and Compassion Awards and Networking Reception  
4:30 p.m. – 6:30 p.m.

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**Thursday, March 30**

Open Registration, Continental Breakfast and Vendor Browsing  
8:00 a.m. – 9:00 a.m.

Welcome and Introductions  
9:00 a.m. – 9:15 a.m.

**Keynote Presentation**  
9:15 a.m. – 10:15 a.m.  
*I Innovation in Behavioral Health Management, Reimbursement and Delivery*  
Brian Wheelan, MBA  
Chief Strategy Officer and Executive Vice President, Beacon Health Options

Break and Vendor Browsing  
10:15 a.m. – 10:45 a.m.

Workshops 2A – 2D  
10:45 a.m. – 12:00 p.m.

Lunch  
12:00 p.m. – 1:00 p.m.

**Afternoon Plenary Session**  
1:00 p.m. – 2:15 p.m.  
*The Changing Role of Hospitals*  
Don Parker, MSW  
President and CEO, Carrier Clinic  
Shavonda Sumter, MBA  
Director of Behavioral Health Services, Hackensack UMC Mountainside  
R. Corey Waller, MD, MS, FACEP, DFASAM  
Senior Medical Director for Education and Policy, Camden Coalition of Healthcare Providers

Break & Vendor Browsing  
2:15 p.m. - 2:45 p.m.

Workshops 2E – 2G  
2:45 p.m. – 4:00 p.m.

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For more information on the presenters, please go to njamhaa.org/events, under Annual Conference, View Event Presenters
Wednesday, March 29, 2017

Open Registration, Continental Breakfast and Vendor Browsing
8:15 a.m. – 10:45 a.m.

NJAMHAA Annual Membership Meeting
*For NJAMHAA Members Only
9:30 a.m. - 10:15 a.m.

Welcome and Introductions
10:45 a.m. – 11:00 a.m.
Debra L. Wentz, PhD
President and CEO, NJAMHAA
Deborah Hartel, MSW, ACSW
NJAMHAA Board President

Keynote Presentation
11:00 a.m. – 12:00 p.m.
Working with a New Administration
Ron Manderscheid, PhD
Executive Director, NACBHDD – The National Association of County Behavioral Health and Developmental Disability Directors
NARMH – The National Association for Rural Mental Health

Course Description:
Dr. Manderscheid will report on the current status of potential changes to national policy, such as the Affordable Care Act, Medicare and Medicaid, that could have a significant impact on the behavioral healthcare field. In addition to providing information on known changes, Dr. Manderscheid will provide his perspective on the direction of healthcare policy, and behavioral healthcare policy in particular, for the near and long term. An overview of how agencies should prepare for coming changes and the role of advocates in shaping the future will also be provided.

Learning Objectives:
At the end of this session, participants will be able to:
• Describe proposed and anticipated changes to national healthcare policy.
• Explain the direct impacts of changes to national policy on their organizations.
• Identify programs and processes within their organizations’ business models that will require change to succeed in the new policy environment.
• Describe the needs for future national and state advocacy.

Topic Area: National and State Public Policy and Advocacy, Health Care, Behavioral Health Care

Target Audience: Direct Care Providers, Managers and Executive Staff in All Behavioral Health Disciplines, Policymakers, Advocates

Target Level: Beginner, Intermediate, Advanced

Lunch
12:00 p.m. – 1:00 p.m.

Afternoon Plenary Session
1:00 p.m. – 2:15 p.m.
Five Pillars - The Pathway to Improving the Delivery of Mental Health Services in Education: An Interview with Amy Kennedy
Amy L. Kennedy, MS
Education Director, The Kennedy Forum
Lilo Stainton, BS
Reporter, NJ Spotlight

Course Description:
Journalist Lilo Stainton will delve into the Kennedy Forum’s “Five Pillars - The Pathway to Improving the Delivery of Mental Health Services in Education” with Amy Kennedy. Mrs. Kennedy, an educator with 15 years’ experience in public schools and parent to four school-aged children, will share findings from her research in early identification of and intervention for mental health concerns in children, the use of brain fitness and mindfulness within school systems in order to foster and improve mental wellness, and developing prevention programs that utilize and promote students’ social and emotional learning.

Learning Objectives:
At the end of this session, participants will be able to:
• List the five pillars for improving the delivery of mental health services in schools.
• Describe key components needed to implement the five pillars.
• Explain the need for and importance of mental health prevention and early intervention programs in schools.

Topic Area: Early Identification of and Interventions for Mental Illnesses and Mental Health Disorders in Children, Prevention Programs

Target Audience: Providers in All Behavioral Health Disciplines Serving Children and Adults, School Personnel, Parents, Policymakers, Advocates

Target Practice Area: Beginner, Intermediate, Advanced

Break & Vendor Browsing
2:15 p.m. – 2:45 p.m.
Workshops 1A – 1D
2:45 p.m. - 4:00 p.m.

**Workshop 1A**
Disordered Gambling within the Forensic Population: Cultural Consideration, Mental Health Concerns and Relational Recovery
Daniel J. Trolaro, MS
Assistant Executive Director, Council on Compulsive Gambling of New Jersey

**Course Description:**
Gambling addiction is sometimes referred to as the ‘hidden addiction’ because there are no obvious physical signs or symptoms like those of drug or alcohol dependence. Individuals with problem or disordered gambling typically deny the fact they have a problem and need help, or they simply minimize the negative impact it is having on their lives. Unpleasant feelings such as stress, depression, loneliness, fear, and anxiety can trigger disordered gambling or make it worse. Individuals with gambling addictions also tend to go to great lengths to hide their gambling activities from friends, family members, and others.

This presentation will focus on Disordered Gambling within the Forensic Population, reviewing the impact on the individuals, their families and society. By reviewing the screening process and connecting disordered gambling with co-occurring substance use and mental health issues, the workshop will help the participants to better understand the uniqueness of the prison culture and the additional aspects that should be considered when working with the forensic population. Lastly, there will be discussion on screening, treatment, and recovery support and the importance of language and meaningful relationships for sustained recovery.

**Learning Objectives:**
1. Describe how to better screen for gambling problems in individuals within the criminal justice system who have mental health and/or substance use issues.
2. Describe the warning signs and characteristics of someone with a gambling problem and identify the stages and progression of the disease.
3. Identify the importance of understanding the forensic culture and how it relates to treatment, reduced recidivism and sustained recovery.

**Topic Area:** Gambling Addiction, Cultural Competence, Mental Illness, Substance Use, Forensic Population

**Target Audience:** Social Workers, Clinicians and Counselors in Gambling, Substance Use, Mental Health and Prevention Programs, Criminal Justice Personnel

**Target Level:** Beginner, Intermediate

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**Workshop 1B**
Spirituality and Recovery for Clients with Co-Occurring Disorders
La’tesha Sampson, MPA, MSW, LCSW
President and Founder, Great Joy Counseling and Consulting Services, LLC

**Course Description:**
Individuals of all ethnicities and cultures who are in recovery tend to report high levels of religious faith and affiliation, but choose to rate themselves as being more spiritual than religious. Additionally, recovering individuals with higher levels of religious faith and spirituality have been associated with a more optimistic life orientation, greater perceived social support, higher resilience to stress, and lower levels of anxiety. This interactive training will discuss the importance of integrating spirituality into dual diagnosis treatment at mental health agencies.

**Learning Objectives:**
1. Improve the ability of mental health clinicians to understand the value of spirituality and religious renewal in clinical practice.
2. Position the role of spirituality as an effective instrument of change in the treatment of dual-diagnosis/co-occurring disorders.
3. Enhance the ability to integrate the elements of spirituality into the overall treatment of clients.

**Topic Area:** Spirituality, Cultural Competence, Mental Health, Substance Use and Co-Occurring Disorders, Recovery

**Target Audience:** Social Workers, Professional Licensed Counselors, Direct Service Professionals

**Target Level:** Intermediate
Workshop 1C
Bridging the Science-Practice Gap – An Example of Successful Implementation and Sustainability of EBPs in a Community Outpatient Clinic

Bridget DeFiccio, LPC
Department Director for Clinical Outpatient Services, Robins’ Nest
Jennifer Kugler, LPC, ACS
Program Director, Outpatient, School Based & TLC, Robins’ Nest

Course Description:
The dissemination of Evidence Based Practices (EBPs) in child welfare has proven to be more difficult than the development of other science based interventions. Most of our community based agencies have no EBPs. Others are limited to either just a few clinicians or to just one EBP – often funded as a special project. This training seminar will discuss the successful implementation of a broad and sustained use of EBPs in an outpatient setting. This included a cultural shift to a learning organization and the common use of a repertoire of EBPs across the continuum of child to young adult.

The seminar will walk participants through the process of identifying their clients’ specific needs and how to utilize the California Evidence Based Clearinghouse to identify EBPs. Examples will include how to identify barriers within an organization and concrete ways to break through those obstacles.

Discussion will include the need for accurate diagnostics and how to use assessment measures to support diagnosis and accrue data for outcome measurement. The presenters will also illustrate the importance of long-term sustainable efforts, which will need to include executive leadership support in program design, training and supervision.

Learning Objectives:
At the end of this session, participants will be able to:
• Identify EBPs relevant to their clients’ needs, using the California Clearinghouse.
• Explain how to change the culture of an agency to a learning organization that supports the use of multiple EBPs.
• Identify the administrative structure needed to sustain an EBP continuum.

Topic Area: Evidence-Based Clinical Practices, Children and Youth

Target Audience: Clinical Directors, Clinical Supervisors, CEOs, Social Workers, Administrative and Operations Personnel in Mental Health and Substance Use Programs

Target Level: Intermediate, Advanced

Workshop 1D
Managing Differences and Difficult Populations in Clinical Supervision

Glenn Duncan, LPC, LCADC, CCS, ACS
Executive Director, Hunterdon Drug Awareness Program

Course Description:
This interactive workshop will focus on the major elements of managing differences between supervisors and supervisees, and issues surrounding working with difficult supervisees. In this workshop, participants will learn about the influence of individual, cultural and developmental differences between supervisors and supervisees. Different aspects of individual differences will be covered (e.g., differences in belief systems and theoretical orientation between supervisor and supervisee). Different aspects of cultural differences will be addressed, as well as different aspects of developmental differences (e.g., supervisees’ and supervisors’ experiential levels). Participants will discuss areas of difficulties with supervisees, including an introduction to progressive discipline policies and due process, transference and countertransference, and other generic problems with supervisees. Teaching methods will include lecture, interactive exercises and group participation/discussion.

Learning Objectives:
At the end of this session, participants will be able to:
• List at least six similar things that should be taught to all supervisees and qualities that all clinicians should possess.
• Describe four basic tenets regarding working effectively with potentially difficult supervisees.
• List and define three components of supervisee impairment, define each component, and identify which of the three work best for certain supervisees.

Topic Area: Clinical Supervision, Cultural Competence

Target Audience: Current and Aspiring Managers and Supervisors, Program Directors, CEOs

Target Level: Beginner, Intermediate
The Courage and Compassion Awards & Networking Reception is a time to connect with the New Jersey Association of Mental Health and Addiction Agencies, Inc. (NJAMHAA) Annual Conference attendees you know and meet new people. At this event, we will also honor exemplary industry professionals with Courage and Compassion Awards.

NJAMHAA created the Courage and Compassion Awards to honor individuals who have made extraordinary contributions to improving the lives of individuals with mental illness, substance use disorders, developmental disabilities or any combination of these health conditions and to focus public attention on the outstanding work of employees and organizations in the community behavioral health system, as well as that of advocates, public officials and others who help to make a true difference. This year, NJAMHAA will present these coveted awards during a reception that will be free for Day 1 conference attendees, award winners and guests of award winners. Attendance at this popular event is sure to surpass previous marks.

**Courage and Compassion Attendees**

All registered attendees for Day 1 of NJAMHAA's 2017 Annual Conference are welcome to attend this event at no extra fee. If you are not attending the conference and would like to attend the Courage and Compassion Awards & Networking Reception, please register online by visiting www.njamhaa.org/events, selecting “2017 Annual Conference” and “Click Here to Register”.

**Courage and Compassion Attendance Fee for Non-Conference Attendees:** $35.00
Detailed Agenda

Thursday, March 30, 2017

Open Registration, Continental Breakfast and Vendor Browsing
8:00 a.m. – 9:00 a.m.

Welcome and Introductions
9:00 a.m. – 9:15 a.m.
Debra L. Wentz, PhD
President and Chief Executive Officer, NJAMHAA
Deborah Hartel, MSW, ACSW
NJAMHAA Board President

Keynote Presentation
9:15 a.m. – 10:15 a.m.
Innovation in Behavioral Health Management, Reimbursement and Delivery
Brian Wheelan, MBA
Chief Strategy Officer and Executive Vice President, Beacon Health Options

Course Description:
As Chief Strategy Officer at Beacon Health Options, which combined two of the country’s most prominent behavioral health companies, Beacon Health Strategies and ValueOptions, Brian Wheelan is at the forefront of changes in the healthcare and behavioral health industries. Exclusively focused on behavioral health management, Beacon Health Options provides tailor-made solutions at the local level, serving more than 50 million people across all 50 states and the United Kingdom. This breadth of service has provided Beacon more experience than most in value-based payment models and integrated models of care. Mr. Wheelan will speak of both successes and challenges, past and present, that have come from collaborations with provider organizations in both risk and non-risk based arrangements.

Learning Objectives:
At the end of this session, participants will be able to:
• Describe a value-based system.
• List key infrastructure and service delivery components providers must have in a value-based system.
• Identify steps to be taken at provider organizations to prepare for a value-based payment system.

Topic Area: Behavioral Health Management, Value-Based Payment, Integrated Care, Collaboration

Target Audience: CEOs, Management, Social Workers, Counselors, CFOs, Policymakers, Advocates

Target Practice Area: Beginner, Intermediate, Advanced

Break and Vendor Browsing
10:15 a.m. – 10:45 a.m.

Workshops 2A – 2D
10:45 a.m. – 12:00 p.m.

Workshop 2A
A Paradigm Shift: Infusing Intersectionality with Intercultural Awareness and Positive Psychology Practice
Sherry Blair, MSSW, MA, LCSW, BCPC
CEO/Founder, Sherry Blair Institute for Inspirational Change

Course Description:
This workshop will introduce and define intersectionality’s history and its significance to understanding a person from a holistic and comprehensive perspective. Intersectionality examines how biological, social, and cultural categories of identity (race, class, gender, sexuality, religious affiliation, etc.) interact on multiple and varied levels to create social inequities (Crenshaw, 1989). Understanding how people are influenced to behave in certain ways and the multilayered perspectives that may drive development and behavior is crucial to understanding how these intersections impact human beings.

Understanding and exploring intersectionality is a vessel to gain intercultural knowledge to move toward engagement, to increase ability to understand someone from an intersectional, intercultural perspective and ultimately, to better serve and empower individuals. “Intercultural competence is the ability to develop targeted knowledge, skills and attitudes that lead to visible behaviour and communication that are both effective and appropriate in intercultural interactions” (Deardorff, 2006).

When practitioners are committed to exploring the richness of one’s intersectional experience, not only will they understand the complexities of oppression, but with the right tools and knowledge, they can also see through the lens of positivity to understand their resiliency, grit, determination, character strengths, virtues and values. These skills increase their intercultural competency.

Learning Objectives:
At the end of this session, participants will be able to:
• Identify the basic principles of intersectionality.
• Define intercultural competence and its relationship to intersectionality.
• Describe the practice methods for infusing positive psychology within an intersectionality perspective and explain how that moves a practitioner toward intercultural competence.

Topic Area: Clinical Practices, Cultural Competence

Target Audience: Social Workers and Counselors in Mental Health and Substance Use Programs

Target Level: Intermediate, Advanced
Workshop 2B
Addressing Suicide in Substance Abuse
Thomas Etts, LCSW, LCADC
Training and Consulting Specialist, Rutgers University Behavioral Health Care

Course Description:
This presentation will address myths about suicide. The presenter will discuss the relationship between substance use and suicide, as well as mental illness. He will define risk and protective factors and how to recognize warning signs of suicide, and he will discuss how to use two evidence-based assessment instruments while working with people suspected of suicidal behavior. Finally, the presenter will discuss how to conduct a safety plan with people presenting with suicidal ideations and behaviors.

Learning Objectives:
At the end of this session, participants will be able to:
• List three ways in which age, gender and ethnicity can influence suicidal thoughts and behaviors.
• Discuss three ways in which substance abuse and suicide are associated.
• Describe at minimum four risk factors and protective factors included in suicide assessments.
• Identify the difference between risk factors for suicide and suicide warnings.
• Identify two suicide assessment tools/methods that can be used in crisis to better address suicidality and determine a disposition plan.
• Demonstrate how to negotiate a safety plan.

Topic Area: Substance Use, Suicide, Mental Illness, Clinical Practices

Target Audience: Social Workers and Counselors in Mental Health and Substance Use Programs Serving Children and Adults

Target Level: Beginner, Intermediate

Workshop 2C
Children’s Behavioral Health Homes: Challenges, Successes and Potential
Kathy Collins, LCSW
Executive Director, MonmouthCares
Elizabeth Manley, LSW
Assistant Commissioner, Department of Children and Families (DCF)
Deborah Megaro
Chief Executive Officer of Capitol County Children’s Collaborative (CCCC)
Jan Schlaier, EdD, FNP-BC
Director of Health Services, Bergen’s Promise, Inc.

Course Description:
Children’s Behavioral Health Homes are now operational in five New Jersey counties. Experts from the three original sites and Elizabeth Manley, Assistant Commissioner, Department of Children and Families, will describe the model and related challenges of serving children with chronic medical conditions who also have mental health, intellectual/developmental and/or substance use disorders. The Behavioral Health Home, in conjunction with the Child and Family Team, provides service and planning related to a set of specific medical and physical health needs. The Behavioral Health Home includes the expertise of a Registered Nurse and a Health and Wellness Educator, who participate in an individualized plan of care to fully embrace each family’s goals. Lessons learned from these early sites, as well as the potential of this model to serve children and families across New Jersey, will be shared.

Learning Objectives:
At the end of this session, participants will be able to:
• Describe the Children’s Behavioral Health Home model.
• Identify the populations served by Children’s Behavioral Health Homes and the challenges faced in providing integrated services to the children in them.
• Explain the benefits and successes of the Children’s Behavioral Health Home model and its promise for the future.

Topic Area: Children and Youth, Mental Health Disorders, Substance Use Disorders, Developmental/Intellectual Disabilities

Target Audience: Direct Care Providers, Managers and Executive Staff in All Behavioral Health Disciplines, Policymakers, Advocates

Target Levels: Beginner, Intermediate, Advanced
Workshop 2D
Connecting Outcomes Measurement to Value-Based Payment
Jennifer Ternay, MBA, CPA, PCMH-CCE
Healthcare Strategist, JLS Advisory Group, LLC

Course Description:
Value-based payment depends on being able to demonstrate positive outcomes. This session covers both what outcomes to measure and how to measure them. Focusing on integrated care, the presenter will address outcomes of both behavioral and physical health. This presentation will also address operational aspects to be considered when selecting outcome measures, and collecting and measuring data and how this fits into being ready for value-based purchasing.

Learning Objectives:
At the end of this session, participants will be able to:
• Define meaningful outcomes that align with strategic goals.
• Discuss how to implement outcome measurements.
• Identify how to tie outcomes measurement to value-based payments.

Topic Area: Outcomes, Measurement, Value-Based Payment

Target Audience: Finance, Quality, Billing, Clinical and Executive Staff

Target Level: Beginner

Lunch
12:00 p.m. – 1:00 p.m.

Afternoon Plenary
1:00 p.m. – 2:15 p.m.
The Changing Role of Hospitals
Don Parker MSW
President and CEO, Carrier Clinic
Shavonda Sumter, MBA
Director of Behavioral Health Services, Hackensack, UMC Mountainside
R. Corey Waller, MD, MS, FACEP, DFASAM
Sr. Medical Director, Education and Policy Camden Coalition of Healthcare Providers

Course Description:
As federal and state initiatives have rolled out over the past decade, incentives and potential lost revenues tied to outcomes have had an impact on hospitals’ practices and their interactions with community providers. Value-based payments, shared incentives, penalties for high readmission rates and the like have led to many changes in both practices and policies. Many hospitals have developed strong relationships with primary care physicians and established programs targeted to those with chronic conditions such as asthma, obesity and diabetes. While some have also ventured to work with community-based behavioral healthcare providers, especially in those areas where Accountable Care Organizations or Health Homes are present, such initiatives have been limited. It is a well-known fact that individuals with mental health and substance use disorders have a significantly lower lifespan and are among the “super-utilizers” and spenders in the public system. This panel will speak about their successes from programs and changes that they have implemented to date, as well as their current or planned efforts to better serve those with mental health and/or substance use disorders. They will also discuss the challenges in serving this population and explore the opportunities for and from improved collaboration with community-based providers who serve this population daily.

Learning Objectives:
At the end of this session, participants will be able to:
• Identify the populations that can benefit from improved linkages between hospitals and community-based providers.
• Describe programs/initiatives in which hospitals are now working with community-based providers.
• Explain the potential for improved outcomes when linkages are established between hospitals and community-based providers.

Topic Area: Value-Based Payment, Delivery System Reform Incentive Payments, Outcome-Based Payment, Chronic Care, Collaboration, Screening, Follow-Up Care

Target Audience: Community and Hospital Providers of All Disciplines, Managers and Executive Staff, Policymakers, Advocates

Target Level: Beginner, Intermediate, Advanced
Break & Vendor Browsing
2:15 p.m. – 2:45 p.m.

Workshops 2E – 2G
2:45 p.m. – 4:00 p.m.

Workshop 2E
Appropriate Use of Psychotropic Medications: Understanding the Issues and Making Informed Decisions
Gary Henschen, MD
Chief Medical Officer-Behavioral Health, Magellan Health Services
Pat Hunt, AA
Social Services Director, Child and Family Resiliency, Magellan Healthcare

Course Description:
Consumers, parents, caregivers and clinicians have expressed concern regarding the use of psychotropic medications in children and adolescents. Recent scientific articles have outlined the increasing role that medications play in the treatment of children, particularly those in foster care and Medicaid. Some parents have noted that these medications have made a positive difference in their children’s treatment. Others have reported untoward side effects, and complained that no psychosocial evaluations occurred before the medication was prescribed, often by primary care physicians. Magellan Health Services has created a number of interventions in its Children’s Champion Program to address this issue. These interventions and tools will be shared with the audience, not only to educate on appropriate use of these medications, but also to teach parents and caregivers important questions to ask of prescribers when medications are recommended. The presenters will also lead a discussion of the legitimate role of medications in children’s treatment for behavioral issues. They will review the results of their project, which include reducing inappropriate prescribing and improving the rate of children referred to case management.

Learning Objectives:
At the end of this session, participants will be able to:
- Discuss important questions parents/caregivers must ask before the children in their care are prescribed psychotropic medications.
- Define hazards when psychotropic medications are used indiscriminately to treat behavioral issues in children.
- Classify important elements of a psychosocial evaluation that must be performed prior to starting psychotropic medications.

Topic Area: Clinical Practices, Medication

Target Audience: Clinical Social Workers, Therapists, Counselors and Prescribers in Mental Health and Substance Use Programs, Mental Health Administrators, Parents, Other Stakeholders

Target Levels: Intermediate

Workshop 2F
Through a Trauma Informed Lens: Rethinking Addiction Treatment
Debra Ruisard, DSW, LCSW, LCADC
Clinical Director, The Center for Great Expectations

Course Description:
Providers of substance abuse treatment recognize that most clients have trauma histories that complicate treatment and compromise recovery. Kaiser Permanente’s Adverse Childhood Experiences study has clearly established the link between traumatic childhood experiences and the risk of developing substance use disorders. Therefore, providing trauma-informed substance abuse treatment is imperative. This requires a paradigm shift in how providers think about addiction and how they interpret and respond to the behaviors commonly seen in individuals with substance use disorders. This session will define and describe a trauma-informed approach to addiction treatment and will assist clinicians in creating trauma-sensitive environments and providing effective trauma-focused interventions. Participants will be guided in a critical examination of current addiction treatment models through a trauma lens and be informed as to how to make the changes necessary in their practice to provide trauma-informed addiction treatment that will improve treatment outcomes.

Learning Objectives:
At the end of this session, participants will be able to:
- Analyze the extensive impact that trauma has on the development and chronicity of a substance use disorder.
- Critically examine the philosophy and practice of addiction treatment within a framework of trauma-informed care.
- Conceptualize how to provide trauma-informed substance abuse treatment.

Topic Area: Trauma, Clinical Practices, Substance Use Disorders

Target Audience: Social Workers, Counselors, Clinicians, Clinical Supervisors and Administrators in Substance Use Programs

Target Levels: Beginner, Intermediate, Advanced
Workshop 2G
Foster Healing: Trauma Treatment for Families and Staff in Child Welfare
Kelly Sachter, LCSW
Director of Programs, FAMILYConnections, Inc.
Konniesha Moulton, LMFT
Senior Manager for Outreach Programs and the Foster Healing Project, FAMILYConnections, Inc.

Course Description:
Children and families who are involved with the child welfare system often experience complex trauma that impacts their behaviors, emotions and worldview. FAMILYConnections began the Foster Healing Program to address the effects of trauma on children and families, as well as provide training for caseworkers to understand and provide trauma-based, evidence-informed services for these families. Foster Healing staff provides psychoeducation on the effects of trauma on families and how it impacts the caseworkers and local Division of Child Protection and Permanency staff. The Foster Healing Program also provides trauma treatment to children involved in the child welfare system, as well as their caregivers. The trauma treatment models utilized in this program include the Attached Self-Regulation and Competency Model, Parent Child Interaction Therapy, Sensory Motor Arousal Regulation Treatment, and Trauma Focused Cognitive Behavioral Therapy. The workshop will provide information on the importance of utilizing a trauma-informed lens in child welfare, and how addressing the effects of trauma can impact the system positively to ensure that families and child welfare workers are supported in achieving the goal to improve families’ lives. The outcomes of this treatment in the first two years will be shared to show the progress of families and staff in utilizing trauma-informed services.

Learning Objectives:
At the end of this session, participants will be able to:
• Describe how trauma impacts the child welfare system, including children, caregivers and caseworkers.
• Describe various models of trauma treatment and how they impact individual children and their families.
• Describe their own self-care plans to reduce burnout and compassion fatigue in their own work.

Topic Area: Trauma and Clinical Practices for Children’s Mental Health Providers
Target Audience: Social Workers, Counselors and Management in Children’s Mental Health and Substance Use Programs
Target Levels: Beginner, Intermediate

Workshop 2H
Common Medicaid Billing Pitfalls
Kyle Neeld, CPA, CGMA
Managing Director and Co-Chair, Nonprofit and Human Services Group, Mercadien
Sherise D. Ritter, CPA, CGFM, CGMA
Managing Director and Co-Chair, Nonprofit and Human Services Group, Mercadien

Course Description:
In this seminar, Medicaid compliance criteria will be reviewed to ensure that providers understand the program regulatory requirements now that they will be the providers of record for Medicaid in the new fee-for-service billing environment. Considerations about the impact on, and recommendations for improvements to, internal policies and practices, such as for onboarding employees, billing and service plans, conducting assessments and monitoring, will be discussed in detail, as well as the need for enhanced documentation to provide sufficient support showing that claims were filed in accordance with the Medicaid guidelines. Case studies will be presented to review common findings from Medicaid Compliance Reviews of the Community Care Waiver Program and the Adult Mental Health Rehabilitation Program, performed by the State of New Jersey.

Learning Objectives:
At the end of this session, participants will be able to:
• List the eligible services, allowable activities and eligibility requirements of Medicaid offerings and providers.
• Describe more efficient systems for electronic health record billing, claims and information processing.
• Explain how to utilize the Medicaid Management Information System to obtain data, follow procedures and support claims processing, complete documentation, and operate adjudication and point-of-service subsystems.
• List risk factors/activities that trigger Medicaid audits and/or fraud investigations and describe tests and procedures affecting and limiting the scopes of these audits and investigations.
• Describe the three regulatory units within the Medicaid Fraud Division and their roles.

Topic Area: Medicaid Billing, Compliance, Fee-for-Service, Documentation
Target Audience: Management, Fiscal, Financial, Billing and Accounting Staff, CEO’s, CFO’s
Target Level: Beginner, Intermediate
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