

Op-Ed Piece Reinforces Need for Treatment and Potential for Recovery

Following is an excerpt of a NJAMHAA opinion-editorial piece that was published in the Times of Trenton on September 10, which was World Suicide Prevention Day and the last day of National Suicide Prevention Week. It is still relevant today, as September is National Recovery Month. Actually, it is always relevant, as the need for treatment and the potential for recovery exists year-round.

"My purpose in writing this article is to stress two critical points: 1) Treatment works, especially when it is consistent over a period of time, to allow the full potential of the treatment and of the individuals receiving it to be realized; and 2) recovery can and does happen, as I know from many members of the New Jersey Association of Mental Health and Addiction Agencies (NJAMHAA), where I work," wrote Shauna Moses, NJAMHAA's Associate Executive Director. "Our members' clients achieve many inspiring successes. Men, women and youth have entered or returned to the workforce; they are succeeding in school; and they are enjoying stronger relationships as they progress in their recovery from mental illnesses and/or addictions."

Click [here](#) to read the entire article.